



# Fall 2011 FORM CHECKLIST



This is for your info. DO NOT TURN THIS IN.  
Forms are on [www.farmingtoncrew.org](http://www.farmingtoncrew.org) under "Forms"  
YOU WILL NOT GET COPIES!

## **DUE BY 8/27/11, FIRST DAY OF PRACTICE. NO FORMS, NO PLAY.**

1. YOU MUST HAVE AN **UP-TO-DATE PHYSICAL** ON FILE WITH NURSE TO PARTICIPATE. CHECK WITH NURSE OR COACH TO CONFIRM YOUR DATE. NO EXCEPTIONS

Physical Date Checked and OK                      Date \_\_\_\_\_

2. YOU MUST HAVE AN **EMERGENCY CARD**, NEW EVERY SEASON, ON FILE WITH COACH TO PARTICIPATE. NO EXCEPTIONS

Emergency card on file                                      Date \_\_\_\_\_

3. YOU MUST HAVE READ THE **FHS Student Code of Conduct**, HAVE THE PAGE SIGNED AND DATED, ON FILE WITH COACH TO PARTICIPATE. NO EXCEPTIONS

Code of Conduct on file                                      Date \_\_\_\_\_

## **DUE BY 9/02/11, END OF FIRST WEEK OF PRACTICE. NO WAIVERS, NO CHAMPIONSHIP RACES. NO CHECK, NO CLOTHES.**

4. YOU MUST HAVE READ THE **FHS CREW BEST PRACTICES STATEMENT**, HAVE THE **FHS CREW CONTRACT** SIGNED AND DATED AND ON FILE WITH COACH TO PARTICIPATE.

Crew Contract on file                                      Date \_\_\_\_\_

5. YOU MUST HAVE COMPLETED THE **ONLINE ROWING LIABILITY WAIVERS**

Complete                                      Date: \_\_\_\_\_

6. YOU MUST HAVE A COMPLETE **REGISTRATION FORM** WITH YOUR CHECKS FOR Fall 2011 ATHLETIC AND CREW FEES AND ANY **REQUIRED CLOTHING**. PLEASE USE SEPARATE CHECKS FOR EACH.

Registration Form     Athletic Fee Ck     Crew Fee Ck                       Required Clothing Ck

7. **OPTIONAL CLOTHING ORDER FORM** can be turned at any time before 9/02/11. Please use a separate check, and make sure all personalization is CLEAR.

Optional Clothing Form                       Optional Clothing Ck

8. **ERGATHON PLEDGE SHEET DUE Sept 24!** We will collect sheets from ALL rowers.

Ergathon Pledge Sheet completed and money collected